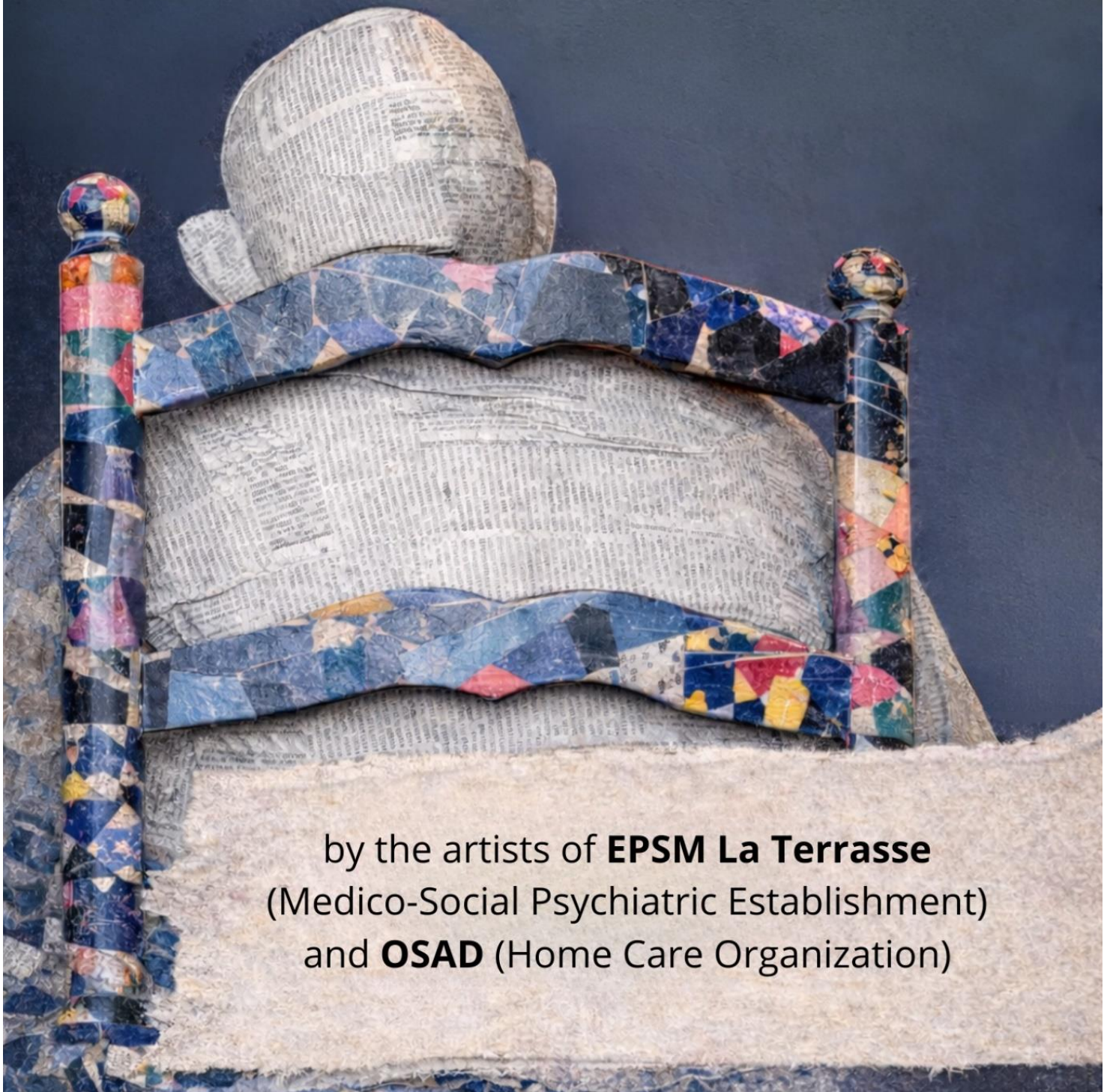


FONDATION
LA PRIMEROSE

EXHIBITION BOOKLET

« THE ART OF PAPIER-MÂCHÉ »



by the artists of **EPSM La Terrasse**
(Medico-Social Psychiatric Establishment)
and **OSAD** (Home Care Organization)

La Terrasse
ETABLISSEMENT PSYCHO-SOCIAL MEDICALISE



Foreword

When creation becomes encounter

Launched in early 2025 at the initiative of the management of the Fondation La Primerose, this project brought participants together through weekly **art therapy workshops**.

A particular form of art therapy was offered to them. Usually, art therapy takes place in a protected setting, where creations are not intended to be exhibited. Here, on the contrary, a more open approach brings the works into the spotlight and proposes a framework centered on **encounter**: encounter with oneself, with others, and with the gaze of the public. The participants thus become **artists**, fully immersing themselves in the creative process.

The **papier-mâché technique**, a medium both simple and powerful, offering multiple creative possibilities, served as a common thread. Each artist appropriated this technique to create individual works. Then, collectively, they gave life to a life-sized figure, which was built and transformed over the course of the sessions.

This figure then inspired the creation of masks and numerous details that you can discover in the exhibition. Suspended in the air, it seems to exist in balance between two states, holding in its hands a fragment of itself—a double, like an echo of its own journey.

In this booklet, you will find **original texts** written by the artists, placed in dialogue with their visual creations.

This multifaceted installation gives form to **intimate narratives** that sometimes speak of fragility, often of strength, and invites visitors to step into these wonderful stories, to listen to them, and to recognize themselves within them.

Let yourself be carried away by these many voices, telling the story of beings in transformation.

The artists of the "Papier-Mâché" group, 2026



“

Always on the lookout, they crawl where joy makes noise
They roam the meadow, slipping through the grey walls too
City or countryside, they adapt to every habitat
Adding more words to their harsh story



“

A gaze full of wisdom and a fresh new gaze

The kind of things you don't find in a pile of newspapers

The news leaves its mark on them, leaves traces behind

Hard to keep smiling when the climate is unbearable



We are inseparable



“

Hugo likes to be unique... Whether taking the bus or walking through the city... He is a character made of papier-mâché, with a fragile hat. A reflection of my personality, as I consider myself fragile. Creating this character, Hugo, allowed me to escape, to disconnect from those shadows—from childhood and adolescence, from the people around me in society. Hugo is therefore a unique character, who likes neither formal nor informal address, but who enjoys feeling free. We are all, in some way, shaped by the shadows of our past since childhood. But Hugo, the character I created, has his own personality, with his hair and his hat.



The Mask with the Wide Mouth

The mask with the wide mouth expresses neither sadness nor joy.

It acts as armor, a protection against the world.

It reveals eyes from a tribe, evoking an Aztec ritual.

Behind this apparent strength, she quietly weeps, hiding a pain born from a past marked by bloody battles in her village.

Her third eye is part of her attribute, her inner armor.

It symbolizes a broader awareness, a lucidity gained through hardship.

« Together, we are stronger », she says.



The Nephilim Mask

The angel with horns, the devil with wings.

The mask symbolizes the fusion of an angel and a demon:
Cambion or Nephilim.

The halo is the symbol of divinity, while the horns embody
its sins. From this duality emerges a hybrid being that
grants itself a new attribute.

As if emerging from its shell, it transforms into a different
being, purer than before. The inside of the mask is green,
a symbol of hope.

She comes to whisper in the ear that beyond being seen
by the eye,
one can hope to be, even before being seen..



07 Artwork

« To create is to live twice »

The creator is only a tool in the service of their own creativity. The work before your eyes is a respectful tribute to the life, existence, and journey of this young woman: Anne Frank. She herself, during a particularly difficult period of her life, also demonstrated creativity—of course, to be understood from a different perspective.

Anne Frank is world-renowned for having kept a diary, a personal account during the Second World War under Nazi occupation. Its title is: «The Diary of Anne Frank ».

In the image of this deeply courageous and worthy woman, I have allowed myself to create a connection—both real and imagined—through art therapy. Her diary is, in my eyes, a form of creativity: emotional, human, bold, and imbued with a desire for freedom, sometimes even shaped like a dream. Like me, Anne Frank used paper to live, to survive, to create, and ultimately to escape psychologically.

To all the victims of the barbarity of yesterday and today.

Hope is alive.

Somewhere in the year 2026.



08 Artwork

“

Truth speaks through the Mask
To work toward kindness and the harmonious bond
between peoples,
The only possible path to peaceful human evolution.
Hope is alive.



The amazon on her turtle



The Pharaohs of the South

His tomb lies in South America. His mask, his golden headdress, is a symbol of wealth.

He is dressed in branches and foliage, one of which is painted differently, leaving a sense of mystery.

A pharaoh who dedicates a branch to his wife.

A pharaoh queen who hides a past rich in the story of her presence, so that one day someone may uncover the true answers.



11 Artwork

The Mask

Wounded face, devastated body.

I hear his footsteps in the hallway drawing closer.

I have terrible headaches.

Why?

I know why.

I hear his footsteps coming closer and closer...



The Tree Woman

My tree, my love,

Where have you gone?

I'm searching for you everywhere.

We had an appointment.

I cannot explain your absence.

My tree, my love, my support, I miss you terribly.

I am deeply worried and devastated.

My tree, my love...



Winged Figure

I take flight, but each time I fall.

A dizzying fall.

It is a headlong escape to forget this boiling, devastating world.

After several unsuccessful attempts, I give up the fight.

Courage—let's flee!!!



Heroes of the Seas

The great crossing, at their own risk,
they face raging seas
in search of a better life, of an Eldorado.
Does it really exist?
Europe??? Is that truly reasonable?



The Rabbit

Cute, loved, and adored on social media, the rabbit is still widely used for cosmetic testing. No matter how small or numerous they may be, every living being deserves respect, not cruelty.

The Fox

The fox's existence is threatened by humans encroaching on its territory. The fox is also exploited in the fur trade. In China and Japan, it is revered as a mythological figure. Its mysterious aura rarely leaves anyone indifferent.



16 Artwork

“

This figure was created by us and for you as a symbol of hope.

Its body was built, layer by layer, using the papier-mâché technique.

Its body is covered with newspaper articles. Words, images, and headlines torn from current events wrap around its body. It carries all the world's suffering like scars. It bears our pains and our words. It bends under the weight of today's world. It is overwhelmed, and this prevents it from dreaming.

And yet, something transforms through the work, within the material, through all the gestures of the artists in the group. The figure reveals another energy. It becomes a bearer of hope—something fragile, yet resilient.

If it had eyes, perhaps it would look toward the forests? It would see trees, but also understand that the forest is the lung of the Earth, and would turn its attention to what grows, what lives, and what connects us.

This figure, made from discarded paper, reminds us of something essential: it is possible to create meaning, beauty, and hope.

The exhibition ends here. The stories continue every day.

Follow us on social media!

Keep discovering the talents, projects and inspiring moments that are part of everyday life at Fondation La Primerose.



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